

## RGV ABOUT ME CARD

Patient Responses (n=67) from RGV Primary Care Clinics as of October 11, 2023

### 1. In the past three months, what has worried you the most about your health?

Please circle one or more of the letters below that match what worries you. Feel free to write a concern not listed below next to "Other."

#### Group One - How You Feel

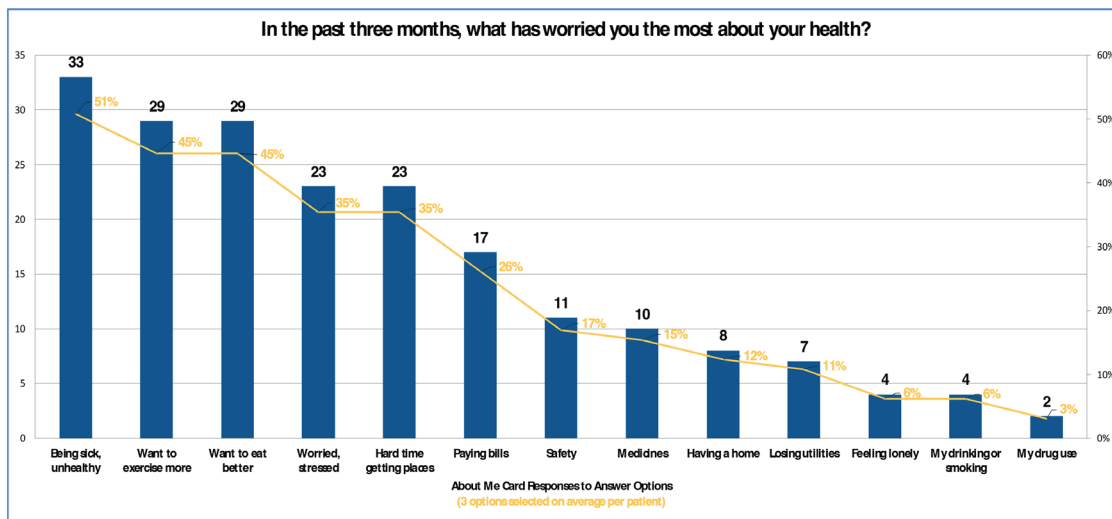
- A. Being sick or unhealthy
- B. Being worried or stressed
- C. Feeling lonely or not having people around
- D. My prescription medicines

#### Group Three - Where You Live

- J. Having a home I can stay in
- K. The lights or water going out in my home
- L. My safety or the safety of my loved ones
- M. I have a hard time getting around or going places

#### Group Two - How You Live and Money

- E. I want to exercise more
- F. I want to eat better
- G. My drug use
- H. How much I drink or smoke
- I. Paying bills to cover things like food, housing, and medical care



#### Other:

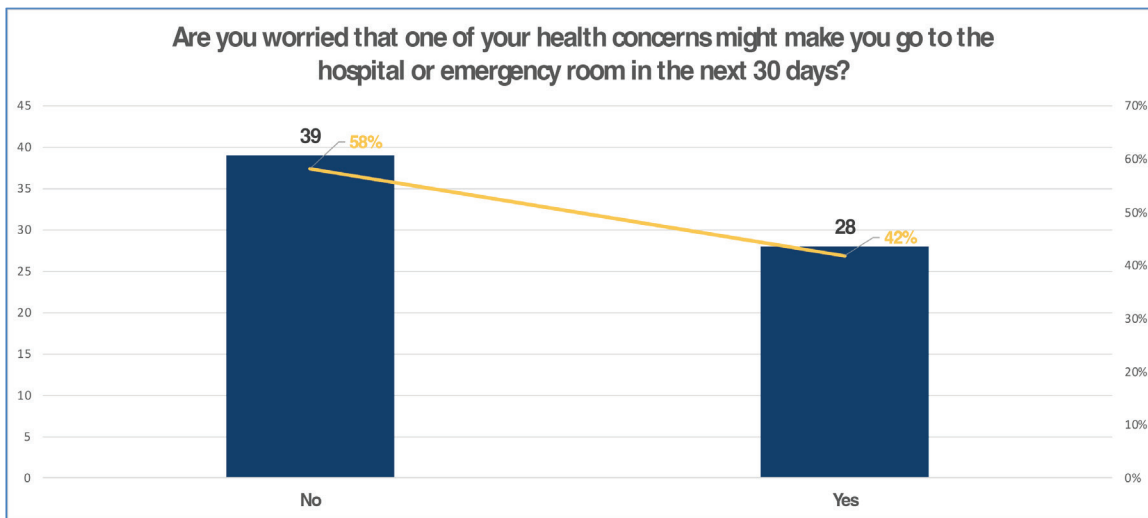
- My stomach
- Being old
- Knee pain
- Get husband well
- Not being able to figure out what is wrong with me
- Flu vaccine
- COVID
- My vision
- Allergies

**2. From the list above, what would you like help with? Please write the letters for the worries you want help with. Sample responses are below**

Anxiety, stress	Paying bills	Eating better	Getting places	Getting routine Dr. appts
My doctor listening to me	Transportation, paying for medical care	Stress, money for my bills	Paying for food and housing	I am having problems with my bills
Need more resources to live	Stress - my life is upside down	I am not making enough money	My house - don't want to lose it	I would like access to food

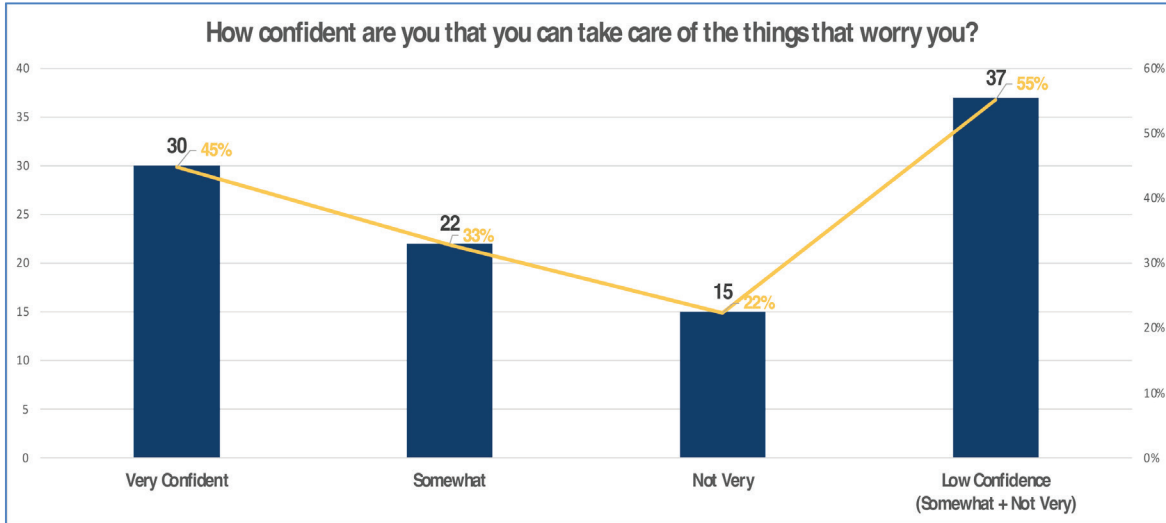
**3. Are you worried that one of your health concerns might make you go to the hospital or emergency room in the next 30 days?**

- A) Yes
- B) No



#### 4. How confident are you that you can take care of the things that worry you?

- A) Very confident
- B) Somewhat confident
- C) Not very confident



#### 5. Below, please write about or draw something you like or want.

- Dancing, sports, family gatherings, movies
- Smiles, love
- Sad face
- I like vacations, but want to be healthy enough to enjoy them
- Swimming
- Their dogs
- Smiles
- Play game of dominos
- Gardening
- I love my job and the medical field
- Better health
- Free transportation to get to my medical appts
- My health to continue being good and to not be on medications
- To help or have employees give us more help
- To take us more in consideration for our hard work. Money
- Money
- Vacation, me time
- Novellas